



8-Hour Fall Prevention

Course Length

8 hours

Course Pricing

- \$225.00 per person
- \$202.50 per person for groups of 4-5 (10% discount)
- \$191.25 per person for groups of 6+ (15% discount)

Requirements

1. 100% attendance for the course
2. Completion of Continuing Education and Training Registration Form
3. Active participation in all class exercises (determined by course instructor)
4. Completion of required quiz assessment
5. As applicable, achievement of minimum passing score on required end-of-course examination

Prerequisites

There are no prerequisites needed to attend this course. Students must be able to verbally communicate with instructor in primary language of the training.

Training Requirements for 8-Hour Fall Prevention

Per Local Law 196, in order to continue to operate in the City of New York, some workers and supervisors are required to complete a minimum number of hours of approved site safety training. This NYC DOB approved curriculum is a required course that fulfills one of the requirements for an individual applying for a Site Safety Training Card (SST).

Audience

Any personnel that may be exposed to heights or work around fall hazards on construction sites. This curriculum is also a required course that can help fulfill the requirement for an individual applying for a Site Safety Card (SST).

Course Description

Falls are among the most common causes of serious work related injuries and deaths. According to the NYCDOB, in 2016 there were 305 serious construction accidents involving worker falls, 10 of them were fatal. This 8-hour course is intended to educate workers on how to avoid accidents and injuries while working at heights. Participants will gain the knowledge and skills necessary to identify and avoid hazards associated with elevated work locations.



Learning Outcomes

Upon completion of this course, the student will be able to:

- Explain terms associated with falls in construction
- Recognize, avoid and prevent fall hazards.
- Outline regulatory safety requirements associated with falls
- Learn how to make informed decisions when working at heights
- Calculate fall distances for various types of fall arrest systems
- Identify proper anchorage points

Completion Requirements

Students are required to complete 100% of the course and actively participate in all learning activities including review quizzes and hands-on exercises.

Make-up time is not permitted for this training course. Should students miss any portion of the training, it is the student's responsibility to contact USIS to arrange to attend another scheduled event.